



INCENTIVE ACTIVITIES - ALICANTE

San Juan beach



Beach Olympic Games

near the hotel, participants can enjoy a day of games, including kayak, kite-flying, windsurfing, sailing, surfing and beach volley-ball



Kayak and Snorkelling

Explore the coast, both on top and underneath the water. Enjoy learning how to handle a kayak and to snorkel in the coves near the hotel.

Alicante: Port



Sailing and Windsurfing

The first thrills associated with the world of sailing are felt with windsurfing and light sailing. For this aquatic activity we suggest a kind of Match Race regatta competition league. This is a good way to get to know the coves in the area and to enjoy the marine environment around the hotel.



Alicante: Surroundings



4 x 4 Obstacle course or Quads along the Sierra Alicantina

With the help of a route guide and passing the tests indicated, we follow special routes inland into the Alicante province, visiting reservoirs, mountains, valleys, hills as well as some delightful villages.



Tabarca Island – Pirate obstacle course

Kidnapped on board, the group takes part in all kinds of tests and games to do with pirates. Participants have to show their ability at fighting, demonstrating both skill and humour.



Multiple Challenge (incl. moveable rock-climbing façade)

A multi-activity circuit is set up which includes archery, multi-ski, climbing, tirolina (gliding along a long steel cable suspended in the air), rappel, mountain bike circuit and obstacle course.



Alicante: At the hotel



Giant Paella

Giant paellas are cooked by professionals who explain the preparation as they go along. Onlookers are invited to participate and then to taste the end result.



Wine-tasting and wine with food

Wine-tasting is not just for the privileged few. Some basic rules can transform what is a simple process into the interesting art of wine-tasting.



Cookery Course

Participants of all levels will enjoy discovering the secrets of Spanish cooking and learning how to prepare popular dishes such as tapas or the many different rice dishes found on the Mediterranean coast. Naturally, at the end of the course, they will be able to enjoy the food they have prepared, accompanied by some excellent Spanish wines.



Ceramic Workshop (Raku)

The word 'Raku' comes from the name of a Japanese family of potters and means 'pleasure'. It is used to describe the technique applied to firing the ceramic and the resulting colour of the clay.



Alicante: At the hotel



Laughter Therapy Workshop

The main objective of this workshop is to feel good about oneself and to liberate the happiness hormones, the 'endorphins'. With the exercises that we propose, the heart is strengthened, stress is banished, the body's defences are boosted... thus lots more reasons to laugh.



Tai Chi Workshop

Tai Chi is an oriental form of exercise widely practised today in Western society, both for leisure and health reasons. It is easy to learn and to follow, and the student improves as he progresses up through the different levels of exercise.



Treasure hunt: a game of orienteering

Participants have to carefully search throughout the hotel to find the valuable treasure. There are different puzzles to solve and tests to pass which serve to find the letters needed to form a key word. This word will lead to the much sought-after treasure.